


MONDAY					SATURDAY
4:00-4:30 TIGER TOTS (Age 3-5)	9600 Strickland RD. Suite 110, Raleigh NC 27615 (919) 232--9494 www.masterchangtkd.com				9:15-10:00 AM BULLY-PROOF+WEAPONS (BBP & MP ONLY)
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
4:30-5:15 YELLOW - GREEN	4:45-5:15 TIGER TOTS (Age 3-5)	4:45-5:30 WHITE - YELLOW	4:45-5:15 TIGER TOTS (Age 3-5)	4:30-5:15 WHITE - YELLOW	10:00-10:45 AM WHITE - YELLOW
5:15-6:00 WHITE	5:15-6:00 YELLOW - GREEN	5:30-6:00 TIGER TOTS (Age 3-5)	5:15-6:00 GREEN & UP	5:15-6:00 SPARRING** (Yellow Stripe - Blue Stripe)	10:45-11:15 AM TIGER TOTS (Age 3-5)
6:00-6:45 TKD FORMS (Green & Up)	6:00-6:45 WHITE	6:00-6:45 GREEN and UP	6:00-6:45 FORMS(BLUE & UP) LEADERSHIP (Blue Belt & Up) MP&BBP ONLY	6:00-6:45 BOARD BREAKING ** (All Belts)	11:15-12:00 (Korean Language) TAEKWONDO & HAPKIDO (Green Stripe & Up)
6:45-7:30 DEMO TEAM (Invite Only)	6:45-7:30 BLUE & UP	6:45-7:30 BULLY-PROOF+WEAPONS (BBP & MP ONLY)	6:45-7:30 WHITE - YELLOW	6:45-7:30 SPARRING ** (Blue Belt & Up)	12:00-1:00 PM DEMO TEAM (Invite Only)
7:30-8:15 BLACK BELT ONLY	7:30-8:15 ADULT TAEKWONDO & HAPKIDO (All Belts)	7:30-8:15 HAPKIDO (Adults) SPARRING*(All Belts)	7:30-8:15 ADULT TAEKWONDO & HAPKIDO (All Belts)	PARENT DATE NIGHT (Every other month) 7:30pm-11:00pm See office for dates.	1:30-3:00 PM BIRTHDAY PARTY

Important Information:

- **Sparring + Board breaking classes included with BBP and MP Only. See office to add classes.
- *We will be CLOSED when Public Schools is closed due to weather
- *Please make appointments for Birthday Parties, Private Lessons and Introductory Lessons
- *Please notify the office if you will not attend class for more than a week.
- *Students are ready to test for the next belt upon earning all stripes associated with their current rank. Classes are held on testing/ceremony days.
- *Sparring classes and Sparring testing requires PROTECTIVE GEAR for safety!
- *Classes subject to change throughout the year.

Bring A Friend to Friday Class !!!

Students are encouraged to **bring a Chingoo, or friend** in Korean, **to class on Fridays!** This is a great way for students to show off their key-hap, breaking techniques, and much more while attending with friends and family...

* \$ 2 Fee per 1 board for Board Breaking Class *



MasterChangTKD